

# THE GOLD ACHIEVER

Your Personality



# Your avoidance of failure

As a Gold Achiever the ways you avoid failure, worthlessness, being second best or appearing as though you cannot accomplish what is expected of you, are the ways you block access to your soul. You can confuse your image with who you are at your core. This chronic self-deception can lead to you living a life that can feel empty or superficial. You may suppress your inner desires and emotions to become what your parents or work colleagues expect of you. You work so hard at achievement that you are no longer aware of your inner-voice telling you to slow down. You want others to admire you and tell you that you have done a good job. On the way to achieving your goals, you may repress or swallow your emotions, seeing them as speed bumps that slow you down along the way and this can cause your emotions to come up and surprise you at unexpected times. In your drive for success, you can often be calculating and manipulative towards those around you in order to achieve your goals. As you push harder and harder to complete tasks, you may even appear robot-like and ruthless because you have begun treating yourself like a machine becoming a human 'doing' instead of a human 'being.'

Lying at the centre of your soul map is a word that represents your soul. This is who you are at the deepest level. As you can see, your soul is 'imprisoned' by the other layers on your soul map. By using a creative journaling practice called the R.E.S.T. Practice alongside your soul map you will develop the awareness of how you imprison your soul and page by page set yourself free.

